

## VSI's Stress Poll Results

### What type of stress did you experience?

Answer Options	Response Percent	Response Count
family problems or concern for family member	24.1%	35
death in the family	23.4%	34
job loss, or other problems at job	20.7%	30
marital problems	18.6%	27
surgery or illness	10.3%	15
flare up of other health condition (such as thyroid, Crohn's,	10.3%	15
financial problems	9.7%	14
pregnancy	9.0%	13
Other (please specify)	8.3%	12
moving to new job	6.9%	10
exams and graduation	6.2%	9
involved in accident	3.4%	5
sunburn	3.4%	5
bad allergies	2.8%	4
changing schools	0.7%	1
<i>answered question</i>		<b>145</b>

### How long before the pigment loss did the stressful event occur?

Answer Options	Response Percent	Response Count
0-3 months	38.6%	56
3-6 months	22.8%	33
6-9 months	16.6%	24
9-12 months	22.1%	32
<i>answered question</i>		<b>145</b>